

EMOTIONAL INTELLIGENCE PERSONAL DEVELOPMENT WORKSHOP

ASLIA WA wish to present Interact WA a tailored workshop on Interpersonal communication: Emotional Intelligence. Please see below for information about the workshop and presenter, Janine de Muinck.



Sunday 13th October 2019



1/2 day 4 hours (10:00AM – 2:00PM)

Light lunch and refreshments provided.



Max 20 participants



150 Hay Street, Subiaco, WA

This workshop will be presented in English and Auslan Interpreted.

PD LOGBOOK:

POINTS: 10 | LOGBOOK SECTION: Section 1.5 PD Catalogue

Researchers and business experts agree that people with high emotional intelligence (EI) are consistently the top performers in their organizations. They're more resilient and flexible when things get tough, and they're held in the highest regard by their bosses, peers, co-workers and others.

In this powerful half-day workshop, you'll learn why EI is far more than just a handy set of "people skills" and why it's the one skill you must have to be successful in today's workplace!

It's a day of training that will forever change the way you work!

Unless you work in a vacuum, you have to deal with people—all kinds of people. From the outrageous drama queens to the backstabbers and turf-guarders to the hardworking co-workers who'd love to help you out but just can't find the time—you're going to have to work with all of them at one point or another.

Using the EI skills you'll learn during this workshop, you'll gain the ability to more appropriately respond to the world around you and eliminate the stress and frustration that often comes from working with others.

You will learn:

- How to successfully communicate with others using emotional awareness
- How to achieve consensus among your teammates and co-workers, faster and without misunderstandings
- The keys to overcoming the causes of difficult behaviours in others
- How your emotions affect others ... and how others' emotions affect you
- How EI can eliminate the headaches that come from miscommunication and misunderstandings

InterACT uses proven psychological models and respected interpersonal research and we let learners try them out with our professional role players for comfort, style and fit.

Our learning-by-doing methodology builds authentic communication awareness and confidence. Workshop trainer Janine de Muinck and her team of role play actors have all worked in business environments, and have experienced real-world interpersonal challenges first hand.

YOUR WORKSHOP LEADER

Janine de Muinck has been working with organizations for over 10 years to create positive and productive workplaces.

Her clients often praise the dynamic energy she brings to a room and the combination of 'Dutch directness', humour and focus that helps keep a group engaged and productive long into the afternoon.

Janine is considered an expert in Drama Based Training, which is the ultimate experiential change management tool, helping to identify, challenge and change behaviour in the workplace. Using the expertise of professional actors and role play, Drama Based Training brings complex business issues, processes and practices to life in accessible scenarios.

In the past, Janine has worked extensively for BVO, the number one European consulting firm in Drama Based Training, both as Trainer and Actor. Janine has worked with international clients such as Ernst&Young, KPMG, Unilever and ING.

Janine is one of the first graduates of the ground-breaking Bachelor of Corporate Role Play program from CPIO which is the first bachelor's program in the world that offers in-depth study of the science and theory of drama based training.

For years Janine has been an instructor for professional actors to become professional role players. She regularly delivers webinars and workshops to organizations and actors around the world.

Her work has been featured in Training & Development Magazine (AITD) and HROnline (AHRI). She is author of the popular Dutch blog 'Uw Trainingsacteur' (Your Role play Actor) which had over 76.000 active readers before she moved to Australia in 2013.

www.interactwa.com.au

